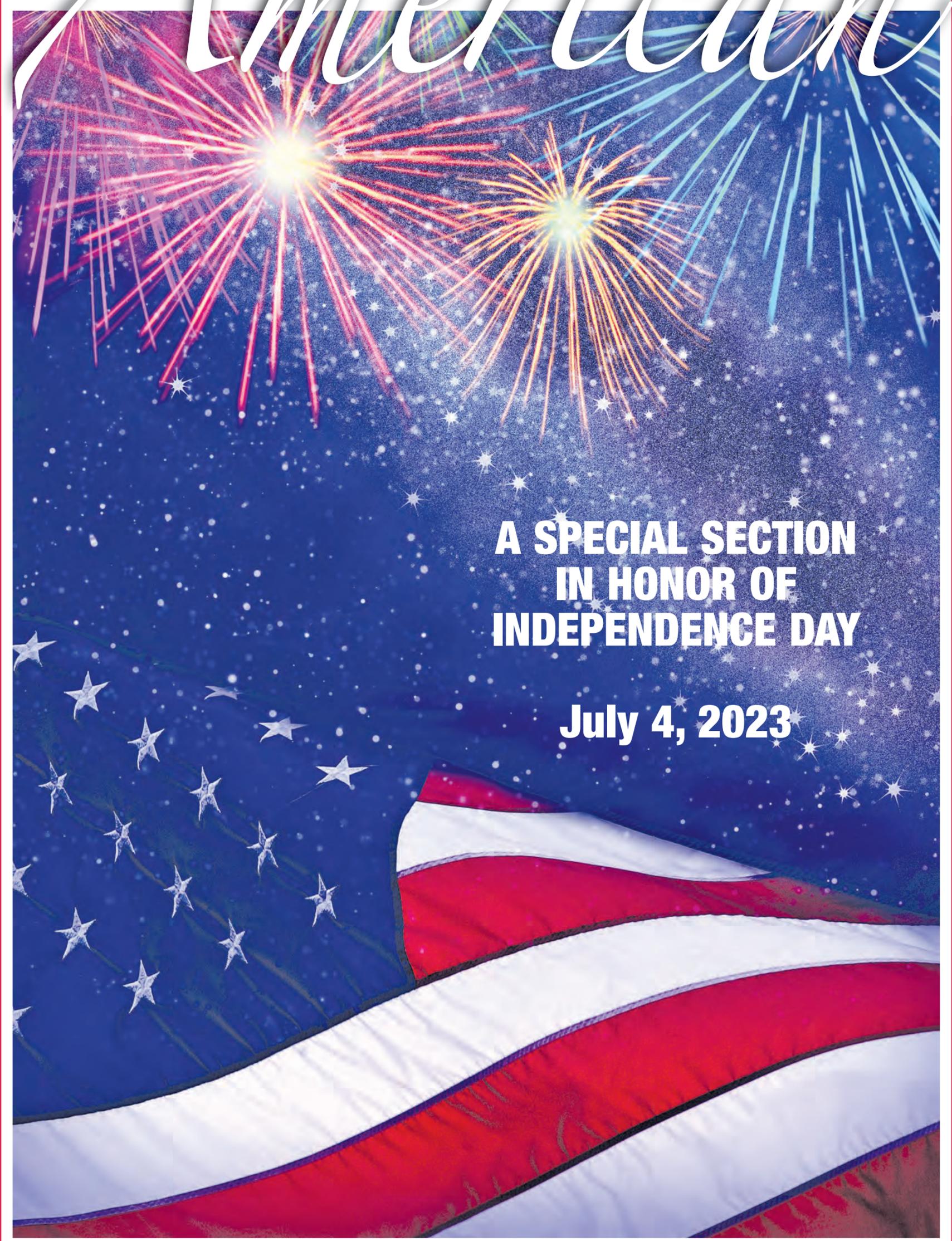


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July 4, 2023

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Chenango County's founding, tracing its revolutionary roots

Lilli Ianella
Sun Staff Writer

CHENANGO COUNTY— For Chenango County's Village of Greene, history lies in its name. The village is named after Nathanael Greene, a general of the Continental Army in the American Revolutionary War, according to the Internet Archive, a non-profit library.

The county has a deep history, and The Chenango County Historical Society is well aware— Executive Director Jessica Moquin explained the importance of telling the county's historical stories, as they have contributed to shaping the area's culture and structure.

"History is only as alive as we keep it," she said. "And so we need the generations to remain cognizant of the people who came before us and really honor their work and what their legacy means to modern Chenango County heritage."

Fifteen years after the conclusion of the American Revolutionary War, in 1798, Chenango County was established, according to a 2020 report by the Historical Society of the New York Courts.

But before the county's establishment, New York state obtained independence in 1777, the report said. A year earlier, on July 4, 1776,



Community members stand at a dedication service near a plaque commemorating buried Revolutionary War veterans at the Warn-Ten Broeck Cemetery in Brisben. (Photo by Paula VanTyle)

the Second Continental Congress of the United States announced the colonies' separation from Great Britain, according to the Library of Congress.

Chenango County was part of Albany County, a large territory encompassing much of western New York state, until 1772, the society's report said. And prior to the creation of Albany County, an area called New Netherland, the first Dutch colony in North America, extended from Albany to Delaware until 1664, according to the New York State Library.

The Dutch first came to New Netherland as traders in the 1600s, but once they found that the land was fertile and plentiful, they started building settlements, said Tammi Groft, curator of the Albany Institute of History and Art, to the National Geographic

Society. Before the Dutch settled on the land, it belonged to Native Americans like the Oneida-Iroquois in the Chenango County area, according to the Historical Society of the New York Courts.

For other parts of Chenango County, preserving history related to the revolution has laid in the hands of those honoring its importance, like the Chenango County Historical Society and Daughters of the American Revolution (DAR).

Within the county, there are over 200 buried revolutionary war soldiers, and DAR made efforts to reclaim the graves of patriots who "settled and built up this county," an article published by The Chenango Telegraph said in 1933. The article included soldiers buried in at least 14 of the county's territories.

"Few of the present generation pause to delve into the archives of history and learn that the graves of more than 200 Revolutionary War soldiers are within the boundaries of Chenango county," the article said.

According to an article published by the Chenango Union in 1975, and Moquin, there is not a confirmed complete list of those who served due to the large number of veterans from the revolution.

Moquin said these veterans helped develop Chenango County and urged community members to continue to pass along their stories and roles.

"Our history is based on the people who came before us," she said. "They gave their time, their service, some of them their lives, to be able to create this world that we live in today."

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So what are America's values? Why are you proud to be an American?

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The fall of America will come when critics deny the good in their own country and when supporters fail to recognize the faults.

Founding Father Benjamin Franklin warned, "We must all hang together, or, most assuredly, we shall all hang separately."

In 1776 fifty-six men signed a declaration of independence on the basis of "life, liberty and the pursuit of happiness."

From the moment ink bled on that historic page the battle to live up to those ideals began and has never stopped or truly been achieved.

In that struggle is the beauty of America.

Gaining freedom from the British Crown, the fall of slavery, the rise of universal suffrage, to the spreading of democracy across the world, our republic has pushed history in a more positive direction.

We are all Americans. Americans cherish personal freedoms, equality and hard work. We want to leave the world a better place than how we found it.

Please join us this Fourth of July as we celebrate the local community, the gifts of liberty and participative citizenship.

God bless America,
Tyler Murphy
Managing Editor
The Evening Sun

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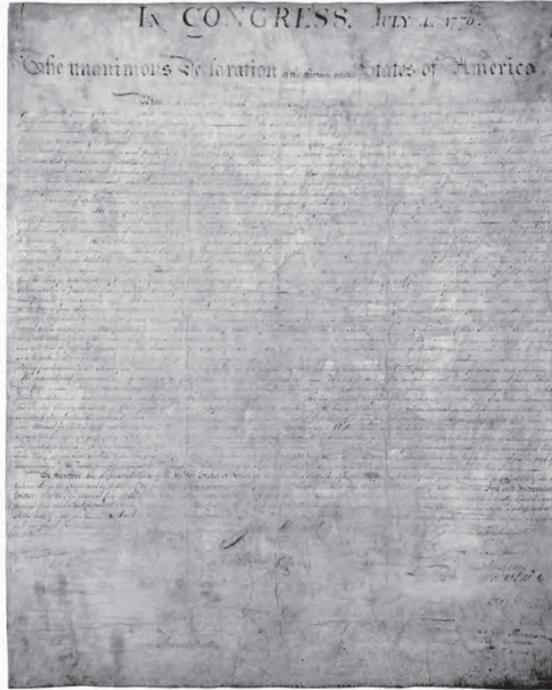
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Getting to know the Declaration of Independence

The Declaration of Independence is a formal document that served as the signatory colonies' statement that they were now "free and independent States." It is a vital document in American history.

On July 1, 1776, delegates from the original 13 colonies, making up the Second Continental Congress, met in Philadelphia to vote on Richard Henry Lee's motion for independence. After some deliberation, ultimately 12 of the 13 delegates voted in favor. In recognition of those 12 delegates, here are 12 facts regarding the Declaration of Independence.

1. The drafted document was officially adopted on July 4, 1776, two days after freedom from Britain was approved. However, most delegates signed the document on August 2, 1776, while others signed on a later date. John Dickinson and Robert R. Livingston never signed the Declaration of Independence.
2. John Dunlap was the official printer of Congress at the time. He worked all night and into the morning of July 5 to produce the large, single-sided sheet, known as a broadside. About 200 copies of Dunlap's broadside were made.
3. The University of Virginia owns two copies of a rare early printing of the Declaration. It is on display in the Albert and Shirley Small Special Collections Library. It is believed the copy once belonged to George Washington.
4. Benjamin Franklin, George Read, Roger Sherman, Robert Morris, George Clymer, and James Wilson signed both the Declaration of Independence and the U.S. Constitution.
5. The Declaration of Independence and the



Constitution were hidden at Fort Knox during World War II, two weeks after Pearl Harbor was attacked.

6. Despite what the movie "National Treasure" will have one believe, the message on the back of the document is visible and reads "Original Declaration of Independence dated 4th July 1776."
7. Richard Stockton, a lawyer from New Jersey, was a signer of the Declaration who later recanted his support of the American revolution. He subsequently swore his allegiance to King George III after being captured by the British.

8. In 1989, an original Dunlap Broadside was found hidden behind a picture a Philadelphia man bought at a flea market for \$4. It later sold for \$8.1 million. Ultimately, 26 copies of the original prints have been found.

9. The United States celebrates Independence Day on July 4th, even though independence was accepted on July 2nd.

10. Early on, not everyone in America was supportive of the Declaration of Independence. Partisan politics led to discord. Federalist John Adams was feuding with Republicans and Thomas Jefferson. The anniversary date of the signing was not widely celebrated until the Federalists were no longer involved in politics.

11. The one-year anniversary of Independence Day and the celebration of the adoption of the Declaration of Independence slipped the minds of Congress in 1777. When they remembered it was July 3rd, they planned a last-minute celebration on July 4th, and each year thereafter.

12. John Trumbull's painting "Declaration of Independence," which was made into a lithograph replica by Ralph Trembly, hangs in the Rotunda of the U.S. Capitol. It is a fictional depiction of the five-man drafting committee presenting their draft to Congress, and not the signing. The painting shows 42 of the 56 signees, since Trumbull couldn't get likenesses of all involved. The men featured in the painting were never all in the room at the same time during the Declaration's debate and signing.

The Declaration of Independence is a key document in American history, and its words are celebrated each Independence Day.

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IN CONGRESS. JULY 4, 1776.

In Congress, July 4, 1776

The unanimous Declaration of the thirteen united States of America,

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.--Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the public good.

He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.

He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.

He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their public Records, for the sole purpose of fatiguing them into compliance with his measures.

He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the people.

He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.

He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.

He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers.

He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.

He has erected a multitude of New Offices, and sent hither swarms of Officers to harrass our people, and eat out their substance.

He has kept among us, in times of peace, Standing Armies without the Consent of our legislatures.

He has affected to render the Military independent of and superior to the Civil power.

He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:

For Quartering large bodies of armed troops among us:

For protecting them, by a mock Trial, from punishment for any Murders which they should commit on the Inhabitants of these States:

For cutting off our Trade with all parts of the world:

For imposing Taxes on us without our Consent:

For depriving us in many cases, of the benefits of Trial by Jury:

For transporting us beyond Seas to be tried for pretended offences

For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies:

For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments:

For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.

He has abdicated Government here, by declaring us out of his Protection and waging War against us.

He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our people.

He is at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.

He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands.

He has excited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions.

In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. A Prince whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people.

Nor have We been wanting in attentions to our British brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

Georgia
Button Gwinnett
Lyman Hall
George Walton

North Carolina
William Hooper
Joseph Hewes
John Penn

South Carolina
Edward Rutledge
Thomas Heyward, Jr.
Thomas Lynch, Jr.
Arthur Middleton

Massachusetts
John Hancock

Maryland
Samuel Chase
William Paca
Thomas Stone
Charles Carroll of Carrollton

Virginia
George Wythe
Richard Henry Lee
Thomas Jefferson
Benjamin Harrison
Thomas Nelson, Jr.

Francis Lightfoot Lee
Carter Braxton

Pennsylvania
Robert Morris
Benjamin Rush
Benjamin Franklin
John Morton
George Clymer
James Smith
George Taylor
James Wilson
George Ross
Delaware
Caesar Rodney

George Read
Thomas McKean

New York
William Floyd
Philip Livingston
Francis Lewis
Lewis Morris

New Jersey
Richard Stockton
John Witherspoon
Francis Hopkinson
John Hart
Abraham Clark

New Hampshire
Josiah Bartlett
William Whipple

Massachusetts
Samuel Adams
John Adams
Robert Treat Paine
Elbridge Gerry

Rhode Island
Stephen Hopkins
William Ellery

Connecticut
Roger Sherman
Samuel Huntington
William Williams
Oliver Wolcott

New Hampshire
Matthew Thornton

Fireworks over the Fairgrounds in Norwich on July 4

By Kelli Miller
Sun Staff Writer

The annual fireworks festivities known as "Fireworks Over the Fairgrounds," will be held on Independence Day, July 4. Gates open at 3:30 p.m. at the Norwich fairgrounds.

Millennia Entertainment Event Coordinator Terry Potter said, "This years firework event include tractor pulls, food and craft vendors, and Nashville recording artist, Jason Michael Carrol will perform."

Gates will open at 3:30 and music by Sundown starts at 4 p.m. Tractor pulls have expanded this year as we've added truck pulls to this years entertainment and will start at 6 p.m.

Potter said, "Nashville recording artist Jason Michael Carroll will perform many of his number one hits and will be on stage at 8 p.m. He came here about ten years ago and due to



Nashville country singer Jason Michael Carroll will be performing at the Fireworks over the Fairgrounds at 8 p.m. His albums include "Waitin' in the Country" and 'Growing Up Is Getting Old', which featured his hit single 'Where I'm From'.

the reception of his previous show, we wanted to bring him back, so the timing was good and fit his schedule and it worked out this year. He has committed to coming up here for our event."

Carroll's signing career started in 2004 when he joined a local country band and not long after entering a FOX competition and winning, he was making opening act appearances for such established country artists as Brad Paisley, Neal McCoy, and others.

His experiences led

him to release his debut studio album in 2007 and in 2009, he had a hit single "Where I'm From".

Tickets for the full day are free for children seven years old and under (Courtesy of Matthews Ford) or \$15 for children over seven and adults if purchased by June 30.

Advance purchases are available now at Norwich Copies Plus on East Main Street in Norwich or at eventbrite.com. After June 30, Tickets will go up to \$20.

"The price includes

the gate fee, parking fees, tractor pulls, the music, and then the fireworks display," Potter explained.

Fireworks Over the Fairgrounds is made possible by local event planning company Millennia Entertainment, who donates their services to put together a beloved community event, as well as several local sponsors.

Potter said, "We want to thank all of the generous sponsors that have stepped forward to make this possible for the community."

"This is something that we like to do for the community," said Potter. "It's become an annual event that we want to keep the tradition going, and hopefully it becomes a destination for people outside of the area as well as the local community, and it becomes a nice event for all."

The fairgrounds parking lot fills quickly and off street parking will be available.



Sherburne celebrates 4th of July with fireworks

By Kelli Miller
Sun Staff Writer

SHERBURNE — Fireworks will begin at dusk at the Sherburne-Earlville High School, located at 13 School Street.

The celebration includes fireworks, music by The Bruce Beadle Band, and food by The Sherburne Rotary to include hot dogs, hamburgers, french fries, homemade pie, and ice cream.

Sherburne Rotary Club President Elect Dee Weaver said, "This is the Rotary's third year sponsoring the event and the fireworks event has been in Sherburne for many great years spon-

sored by the American Legion, the Lions Club, and other great community groups."

The Bruce Beadle Band has been performing for many years across the US, playing with various other musicians. Bruce is passionate about R&B, Blues, and Oldies. He has performed in many different venues since the tender age of 13.

Over the years Beadle has worked with Chubby Checker, Gary Lewis and the Playboys, Shirley Ellis, Jay and the Americans, and many more.

Free Gilligan's ice cream cone tickets will be give out to the first 100 people to arrive.

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NORWICH HOMETOWN HEROES

The "Hometown Heroes" program will honor local veterans with banners displayed in downtown Norwich. A number of local communities are recognizing their local veterans with similar programs. The 30-inch by seven-foot banners in Norwich will feature current or former service members both living and deceased. Director of Veteran Services Joe Coe explained, "So it's an interest within those communities to represent and distinguish those veterans in the community. So here we are with that. I look forward to this for many years to come." (Images provided by the Hometown Heroes committee)

Norwich
HOMETOWN HEROES



WARREN E. EATON
U.S. ARMY
WWI

Norwich
HOMETOWN HEROES



JOHN P. ROMA
U.S. ARMY
VIETNAM - 1966-1968

Norwich
HOMETOWN HEROES



MARY LOU MCAVOY
U.S. AIR FORCE

Norwich
HOMETOWN HEROES



ALWIN B. TRIPP
U.S. ARMY
KOREAN

Norwich
HOMETOWN HEROES



BENJAMIN J. TILLETT
U.S. ARMY
CIVIL WAR

Norwich
HOMETOWN HEROES



MARJORIE MEADE
U.S. ARMY
1951-1953

Norwich
HOMETOWN HEROES



DEWEY R. BONNELL
U.S. NAVY
1983-1987

Norwich
HOMETOWN HEROES



NORMAN G. SMITH
U.S. NAVY
WWII

Norwich
HOMETOWN HEROES



FREDERICK F. CURNALIA
U.S. ARMY
WWI

Norwich
HOMETOWN HEROES



MICHAEL ELDRD
U.S. NAVY
VIETNAM

Norwich
HOMETOWN HEROES



JOSEPH J. CUMMINGS
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



GEORGE R. "RONNIE" DOYLE
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



BERNARD L. MERRITT
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



CLAUDE L. CARPENTER
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



RALPH GENNIS
U.S. ARMY
VIETNAM

Norwich
HOMETOWN HEROES



JOHN J. GAROFALO
U.S. ARMY
KOREAN

Norwich
HOMETOWN HEROES



ANGELO J. GARITO
U.S. NAVY
1945-1951

Norwich
HOMETOWN HEROES



FORD G. HITT
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



FRANK A. MIRABITO
U.S. ARMY
WWII

Norwich
HOMETOWN HEROES



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U.S. ARMY & AIR FORCE
2005-2011, 2013-2019

Norwich
HOMETOWN HEROES



LAWRENCE W. TUCKER
U.S. ARMY
1956-1958

Norwich
HOMETOWN HEROES



ANDREW REID
U.S. ARMY
AFGHANISTAN

Norwich
HOMETOWN HEROES



JAMES R. GUINN
U.S. ARMY
1948-1953

Norwich
HOMETOWN HEROES



GRACE MERRITT
WOMAN'S ARMY CORP
WWII

Norwich
HOMETOWN HEROES



JOHN A. LIBERATORE
U.S. ARMY
1950-1952

Norwich
HOMETOWN HEROES



NINA J. (MARVIN) JUTEAU
WOMAN'S ARMY CORP
WWII

Norwich
HOMETOWN HEROES



LEWIS W. MORSE
U.S. NAVY
KOREAN

Norwich
HOMETOWN HEROES



JOHN C. WALTON
U.S. NAVY
VIETNAM ERA

Norwich
HOMETOWN HEROES



GARY L. WHEELER
U.S. AIR FORCE
1967-1971

Norwich
HOMETOWN HEROES



VERNON J. HOAG
U.S. AIR FORCE
1961-1965

Norwich
HOMETOWN HEROES



EDWARD J. LEE
ARMY AIR CORP
WWII

Norwich
HOMETOWN HEROES



JOACHIM L. "YOCK" LIBERATORE
U.S. NAVY
WWII

Norwich
HOMETOWN HEROES



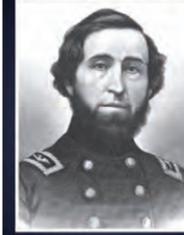
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WWII

Norwich
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CUBAN CRISIS, VIETNAM,
COLD WAR

Norwich
HOMETOWN HEROES



JACK C. LEE, JR.
U.S. ARMY
WWII

NORWICH HOMETOWN HEROES

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With deep appreciation for all who have served our country from the news team at The Evening Sun

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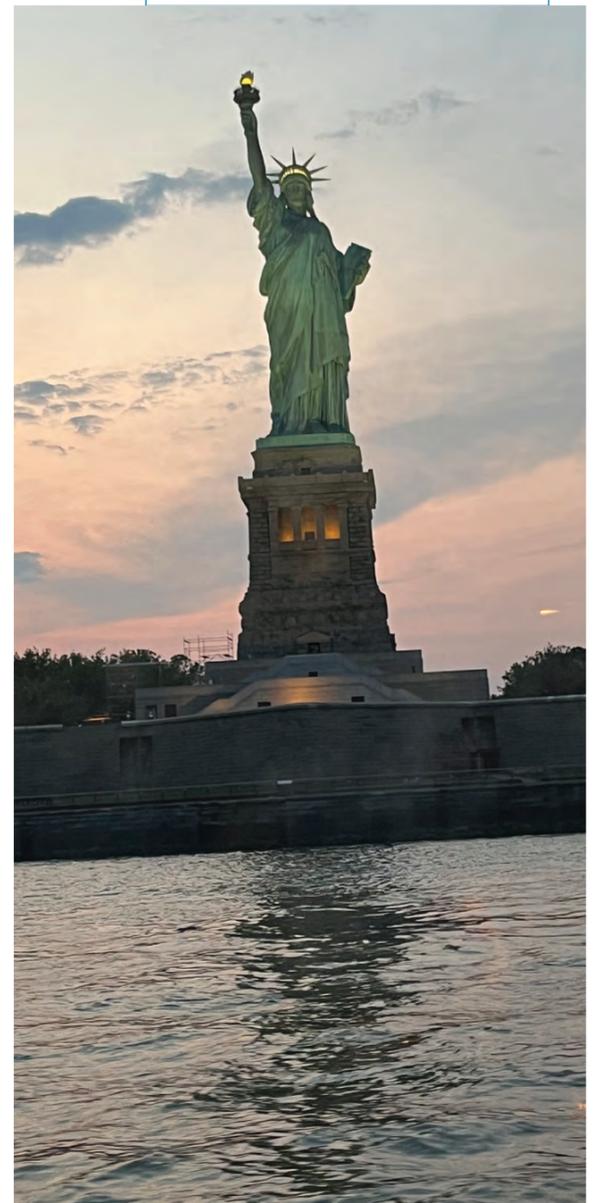
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Community Scrapbook

July 4th
EDITION



Did you know?

July 4th is a day when Americans celebrate their independence, but it's also a day to commemorate two men who played vital roles in procuring that independence. Both John Adams, the second President of the United States, and his successor Thomas Jefferson passed away on July 4, 1826.

The two men had an interesting relationship that became increasingly complex as the nation they helped to found developed. According to History.com, Adams and Jefferson were confidantes in the 1780s. But as time wore on, each man developed a different view of what the United States government should be, creating a rift in their relationship that was only widened by the 1800 presidential election.

The men ran against each other in that election, which is still considered one of the more contentious elections in American history. Jefferson ultimately claimed victory, a result so unnerving to Adams that he left Washington, D.C. prior to Jefferson's inauguration.

John Adams, a staunch supporter of American independence and a representative for Boston at the First Continental Congress, felt that, after America gained independence from Great Britain, July 2nd was the correct date on which to celebrate American Independence Day.

July 2nd was when the vote for independence took place. July 4, 1776 was when the Declaration of Independence was officially signed.

Thereafter, Adams would reportedly decline invitations to appear at July 4th events in protest.

The two men would ultimately reconcile, exchanging more than 150 letters before dying within hours of one another on Independence Day in 1826, which marked the 50th anniversary of the adoption of the Declaration of Independence.



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The grave at West Hill Cemetery in Sherburne reads, "Here lies the Mortal remains of Col. Wm. S. Smith who died at Lebanon June 10, 1816, Aged 59 years. In the war of Independence He fought in Twenty two Battles. Served as Aide to Genl. Washington Who always Held him in Affectionate Esteem. In Memory of Abigail Adams The Wife of Col. Wm. S. Smith And Only Daughter of John Adams The Second president Of the United States." (Photo by Tyler Murphy)

Grave of Revolutionary War hero rests in Sherburne

By Tyler Murphy
Sun Managing Editor

SHERBURNE – According to the historical records written in a book called "Revolutionary War Veterans of Chenango County, New York," by Norwich resident Nelson B. Tiffany, one of the most famous heroes of the American Rebellion in the region was Colonel William S. Smith of the Continental Army.

Smith married Abigail Adams, the daughter of the United States' second President, John Adams. Buried at West Hill Cemetery in Sherburne.

His grave monument reads, "Here lies the Mortal remains of Col. Wm. S. Smith who died at Lebanon June 10, 1816, Aged 59 years. In the war

of Independence He fought in Twenty two Battles. Served as Aide to Genl. Washington Who always Held him in Affectionate Esteem. In Memory of Abigail Adams The Wife of Col. Wm. S. Smith And Only Daughter of John Adams The Second president Of the United States."

For his efforts in the war, Smith was able to purchase 150,000 acres in the Chenango and Madison county area. Later this land was divided into four separate townships. Two in Chenango are now the Towns of Smyrna and Sherburne.

His wife unfortunately died in Albany from typhus while he was building them a home in the region and due to the lack of technology to transport the remains, she was buried near

the capital. Her children were later buried with her. Three years later, Col. Smith passed on and was buried in a sunny spot on West Hill. Although there has been talk of uniting the couple and their children with the fallen hero in Sherburne, to this day they lie apart.

A countless number of graves scattered throughout the county are covered with the fading etchings that bare the phrases, "Soldier of the Rebellion," "Soldier of the Revolution" and "Fought in the War for Independence." However the ultimate monument to their achievement and sacrifice is the preservation of their ideals by the most powerful nation ever to exist, the United States of America.

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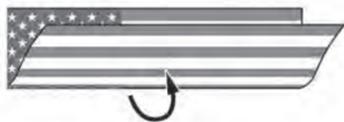


Proper Folding Technique ★★

Follow this folding technique once the United States flag is lowered from its mast or mount:



1 Begin by holding the flag at waist height between two people parallel to the ground.



2 Fold the lower striped section of the flag lengthwise, up and over the blue field of stars.



3 Fold again, bringing the folded edge up to meet the open top edge. The blue field of stars should now be visible facing outward.



4 Bring the striped corner of the bottom folded edge up and over to meet the top edge in a triangular fold.



5 Turn the outer point of the triangle inward to align with the open top edge.



6 Continue this triangular folding pattern along the entire length of the flag.



7 If a tail remains, fold it neatly into the remaining open fold.



8 Folding is complete when the flag is in a triangular shape with only the blue field visible.

Display Guidelines ★★

- The flag should be displayed in public only from sunrise to sunset, unless it is illuminated during darkness.
- The flag should not be displayed during rain, snow and wind storms, unless it is an all-weather flag not prone to damage.
- On Memorial Day, the flag should be displayed at half-staff until noon. The flag may also be flown at half-staff to honor a newly deceased federal or state government official by order of the president or governor.

- When displayed either horizontally or vertically against a wall, the blue field should be uppermost and to the flag's own right (the observer's left). The same guidelines apply to a window display: the blue field should appear on the left to observers viewing it from the street.
- The flag should never be displayed upside down, unless to convey distress or great danger.
- Dirty, ripped, wrinkled or frayed flags should not be used. An American flag that is worn or damaged beyond repair should be retired in a respectful manner.

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Enjoy a safe and happy Independence Day

Independence Day is a celebration of the United States of America. The holiday is marked by fanfare and large parties, complete with barbecues, fireworks and parades.

As fun as July 4th festivities typically are, injuries, particularly those involving fireworks, are a concern that celebrants should not take lightly. An estimated 11,000 people visited the emergency room for fireworks-related injuries in 2016, according to the U.S. Consumer Product Safety Commission. However, fireworks aren't the only danger this time of year. In order to remain safe, individuals can heed these tips.

- Do not drink and drive. Alcohol consumption may accompany Independence Day festivities. For those planning on using a car to get to and from parties, it is essential to designate a driver who will not imbibe. Otherwise, utilize any number of ridesharing services or available taxis.

- Swim smartly. Always swim with a buddy, and consider hiring a lifeguard if you'll be hosting a pool party and cannot keep a watchful eye on guests in the pool. Adults also should not swim intoxicated, as it can impede the ability to stay afloat and may lead to risky behaviors.

- Leave fireworks to the professionals. Watch a public fireworks display instead of lighting fireworks on the street or in the backyard.

- Exercise caution with sparklers. Kids running around with sparklers in hand could be a recipe for disaster, as sparklers burn extremely hot. Make sure children do not wave them around or others can get burned. Keep a bucket of water handy to properly extinguish the sparklers.

- Review safe boating practices. If July 4th festivities find you out on the water, be sure that life jackets are worn and set boating and water safety



As fun as July 4th festivities typically are, injuries, particularly those involving fireworks, are a concern that celebrants should not take lightly.

rules for the family.

- Check in with a vet. The Fourth of July can be traumatic for pets not accustomed to fireworks and other loud noises or crowds. Behavior therapy, medication and ensuring that pets do not run away from home and get lost may be necessary.

- Watch food temperatures. Do not leave food out in the hot sun for too long; otherwise, harmful bacteria can grow and potentially cause foodborne illnesses. The USDA Food Safety and Inspection Service says to never leave food out of refrigeration for more than two hours. If the temperature is above 90 F, food should not be left out for more than one hour.

These are some of the safety strategies that can keep Independence Day celebrations both safe and enjoyable.

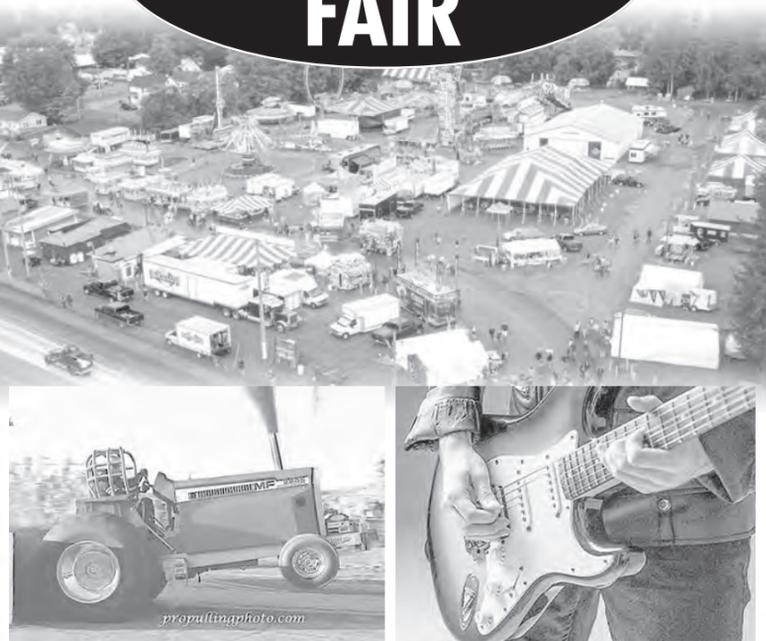
Sparkler safety for kids and adults

When using sparklers, heed the following safety tips from the National Council on Fireworks Safety.

- Ensure that sparklers are legal where you live prior to purchase.
- Sparklers are best handled by people ages 12 and older. Children younger than 12 require extreme supervision.
- Everyone handling sparklers should wear closed-toe shoes, and not flip-flops or sandals, to protect their feet from sparks.
- Wear eye protection, such as safety goggles.
- Leather gloves or those lined with Kevlar can help protect hands against burns.
- Each person should have his or her own sparkler stick. Only light one at a time.
- Maintain a distance of six feet from one another while sparklers are blazing.
- Even though it can seem festive to wave a sparkler or make circles through the air, doing so increases the risk for injury.
- Remain in an upright position when holding a lit sparkler.
- Tossing or throwing the sparkler is extremely hazardous.
- Do not use sparklers (or other fireworks) while under the influence of alcohol.
- Sparkler sticks can remain hot long after the flame is extinguished. Keep a bucket of water nearby and dump some water on the sparkler after use.

More sparkler and firework safety information is available through the National Council on Fireworks Safety at www.fireworksafety.com.

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What is Mental Health First Aid (MHFA) and what does it teach?

MHFA is skills-based training that teaches people how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge.

Similar to physical First Aid and CPR, MHFA helps you assist someone experiencing a mental health or substance use crisis until professional assistance is obtained or the crisis is resolved.

"I liked this training because it taught me signs to look for if I think a friend is struggling and resources, I can use to get help"
- Tori F
teen MHFA participant

"The information provided in this training is valuable and will help me as an educator, family member and community member. In addition, the staff presented in a professional and meaningful way"
- Tyler D.
YMHFA Participant

What will you take away from the training?

- Recognize common signs and symptoms of mental health challenges.
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a person in crisis.
- Know how to connect a person with help.
- Use self-care tools and techniques.

What courses are offered?

Adult MHFA - teaches adults how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge in adults ages 18 and over.

teen MHFA - teaches teens in grades 10-12, or ages 15-18, how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge among their friends and peers.

Youth MHFA - teaches parents, family members, caregivers, teachers, school staff, neighbors and any other adult how to identify, understand and respond to an adolescent (ages 12- 18) who may be experiencing a mental health or substance use challenge.



For more information on how you can attend or schedule an upcoming training:

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