

# IT'S ABOUT HOW YOU LIVE.

Talking about end-of-life care is not easy. But learning about your options and sharing them with your loved ones and care providers may help you live every day to the fullest. Ask them about hospice and palliative care before you or a loved one are faced with a crisis. The goals of care are to honor wishes, minimize pain and help families find the support they need.

*For more information call:*

Hospice & Palliative Care of  
Chenango County  
607-334-3556  
[www.hospicechenango.org](http://www.hospicechenango.org)

National Hospice and Palliative Care  
Organization

