

# Cancer Wellness & Support Center for Chenango County Cancer Survivors

## Cancer survivors and their families frequently have questions about:



- Where to look for information about their cancer
- Treatment options
- Making informed decisions
- Coping with emotional and psychological effects of cancer
- How to talk about cancer with family and friends
  - Where to look for medical institutions
  - What's available in their community

Cancer Support Services  
607-337-4128

## CHENANGO HEALTH NETWORK


Provides:




- Computer assistance to access the web for research
- One on one support by phone or face-to-face
- Patient navigation
- Discussion and education programs
- Local resource information and referral




This program was made possible through the New York State Office of Rural Health and a grant from The Community Foundation for South Central New York.






Breast exams and mammograms save lives.  
Look after yourself.




*Every woman counts in Chenango County.*

**CHENANGO HEALTH NETWORK**  
Cancer Program  
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www.chenangohealth.org

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