



***We are committed  
to helping you  
get in shape...***

**Seniors 65 years and older  
25% Off** (\$26.50/mo.)

**Groups of 10 or more at signing  
20% Off** (\$28.00/mo.)

**Family (3 or more family members in same  
household. ID required), Active Military,  
Law Enforcement, Students (ID Required)  
15% Off** (\$29.75/mo.)

Standard Membership \$34.99 a month

Group Exercise Classes • Yoga • Step • Spin  
• Strength • Toning • Cardio Kickboxing

Gift Certificates Available



**Cardio TVs  
Now Available**



**Create Your  
New Body with  
Circuit Training  
Programs**

***Come On In – We Would Love to Give You  
A Tour Of Our 20,000 sq. ft. Facility***

VISIT OUR STATE-OF-THE-ART FACILITY WITH

- 45 Cardio Machines with personal TVs
- Weight Resistance Center
- Circuit Training Machines
- Free Weights and Exercise Classes
- High Tech Juice Bar/Lounge
- Steamroom & Sauna
- Professional Staff/Personal Training

**[www.aimfitness.biz](http://www.aimfitness.biz) • 607-336-9011**

6142 State Hwy 12, Norwich, NY 13815

Hours: Monday-Thursday 4:00 AM-11:00 PM • Friday 4:00 AM-10 PM

Saturday 7:00 AM-9:00 PM • Sunday 8:00 AM- 6:00 PM